# The Nutrition and Physical Activity for a Healthier America Initiative

## A Healthier America Starts in Our Communities

### Nutrition Education Builds Lifelong Health

Americans need practical, evidence-based tools and support to make healthy choices for themselves and their families.

### Healthy Choices Must Be Within Reach

Education works best when healthy foods, physical activity, and community supports are available, accessible, and affordable.

### Local Solutions Deliver Results

States and communities are best positioned to design flexible, innovative approaches that strengthen families, farmers, local businesses, and healthcare partnerships.

## OUR ASK

Support the **Nutrition and Physical Activity for a Healthier America Initiative**, a modern, state and community-led approach that:

- **Builds strong nutrition and physical activity infrastructure**
- **Improves coordination and reduces duplication**
- **Supports American agriculture and local economies**
- **Strengthens Food is Medicine and rural health efforts**
- **Advances innovation, accountability, and measurable outcomes**

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**Help create a forward-looking national initiative that empowers families, supports local solutions, and builds healthier, more resilient communities.**